



Natascha Tuznik, D.O.

Philosophy of Care

My personal philosophy of care is deeply rooted in the respect for each individual patient and in considering each patient's background as it applies to their medical history. In keeping an open-minded approach, I believe this allows patients to feel comfortable enough to be an active member of their own care.

I pride myself on the ability to perform a comprehensive analysis of all the information of each patient's unique situation and in doing so, formulate their best plan of care. I strive for transparent communication including discussing the reasons for an Infectious Disease referral, which can be a daunting, but overall important experience in the patient's comprehensive health care.

I believe that ultimately, the patient and physician, as a team, develop the best treatment strategy. I focus on delivering information in a way that makes sense and will be supportive as treatment options and possible outcomes are explored. At my core, I integrate humor, empathy, and smiles as I get to know patients on a personal level.

Clinical Interests

Dr. Tuznik is an infectious disease specialist and former hospitalist who specializes in general infectious diseases and infection control practices in the hospital environment.

She has particular interests in transplant medicine, both bone marrow and solid organ, caring for patients with HIV, in addition to travel & tropical medicine - a passion stemming from her time spent on active duty with the U.S. Air Force caring for veterans stateside and in theater.

Dr. Tuznik is intimately involved in infection prevention and antimicrobial stewardship in order to reduce the overuse and misappropriation of vital antimicrobial agents.

Research/Academic Interests

Dr. Tuznik is passionate about teaching and mentoring learners including medical students, residents, and fellows --an endeavor she continues to enthusiastically pursue. She has previously published research primarily in the area of HIV. Presently, Dr. Tuznik is focused on process improvement as well as the areas of of transplant infectious disease, infection control, and antimicrobial stewardship.

Title Assistant Clinical Professor

Specialty Infectious Diseases

Department [Internal Medicine](#)

Division Infectious Diseases

Clinic Internal Medicine Infectious Diseases Clinic



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Address/Phone	Lawrence J. Ellison Ambulatory Care Center, Infectious Diseases Clinic, 4860 Y St. Suite 0101 Sacramento, CA 95817 Phone: 916-734-2737
Additional Phone	Physician Referrals: 800-4-UCDAVIS (800-482-3284)
Languages	English, German
Education	D.O., NOVA Southeastern College of Osteopathic Medicine, 2006 B.S., Biology, University of North Florida, 2002
Internships	Internal Medicine, University of Connecticut, 2006-07
Residency	Infectious Disease, San Antonio Uniformed Health Services Education Consortium, 2011-13 Internal Medicine, University of Connecticut, 2007-09
Board Certifications	American Board of Internal Medicine, 2018 American Board of Internal Medicine, Infectious Disease
Professional Memberships	American College of Physicians/American Society of Internal Medicine Armed Forces Infectious Diseases Society Osteopathic Physicians and Surgeons of California Psi Sigma Alpha-Theta National Osteopathic Scholastic Honor Society Sigma Sigma Phi
Honors and Awards	Fellow of the American College of Physicians, 2014 Outstanding Teaching Service, Department of Medicine, Infectious Disease 2012, 2014, & 2015 US Armed Forces Meritorious Service Medal, 2015 US Air Force Commendation Medal, 2011 UConn Humanitarian Resident of the Year. 2008 UConn Osteopathic Intern of the Year 2007 U of North Florida Mayo Clinic Annual Research Scholarship Recipient
Select Recent Publications	Minidis N, Mesner O, Agan B, Okulicz JF. Delayed-Type Hypersensitivity (DTH) test anergy does not impact CD4 reconstitution or normalization of DTH responses during antiretroviral therapy. J Int AIDS Soc 2014; 17:18799. doi: 10.7448/IAS.17.1.18799

Lindholm DA, Calvano TP, Minidis NM, Bayuk TJ, Yun HC, Okulicz JF. (2013) Treatment Challenges for Inflammatory Demyelinating Polyneuropathy in the Setting of Acute Retroviral



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Syndrome: Case Report and Review of the Literature. *J AIDS Clin Res* 4: 262. doi: 10.4172/2155-6113.1000262

Minidis NM, Das P, Golde T. Effectiveness of A beta1-42 Immunization in the Tg257 Mouse Model Using DNA Vaccination. *Neurobiology of Aging* 2002; 23(1S): S109

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