



## Clifford T. Pereira, M.D., F.A.C.S., F.R.C.S. (Eng)

### Philosophy of Care

As a surgeon who has previously undergone surgery, I bring a unique perspective and a better understanding of patient's needs to my practice. I believe in combining cutting-edge medical knowledge with patient education and patient-centric multidisciplinary team approach, in order to develop an individualized treatment plan for each patient. My job as your surgeon is not solely to perform excellent surgery..., it is to do the right operation, at the right time, for the right reasons to bring you through surgery, safely and effectively.

### Clinical Interests

Dr. Clifford Pereira is a Board Certified, Fellowship-trained Hand and Upper Extremity Microvascular Reconstructive Surgeon. His clinical interests include brachial plexus and peripheral nerve surgery; wrist and hand trauma, rheumatoid hand deformities, tetraplegia hand function optimization, burn reconstruction and microvascular reconstructive free tissue transfers. Dr. Pereira offers latest cutting-edge techniques including minimally invasive arthroscopic and endoscopic surgeries, nerve transfers, tendon transfers and Targeted Muscle Reinnervation (TMR). TMR is an exciting new technique offered to patients with amputations in order to improve neuroma pain and phantom pain.

### Research/Academic Interests

Dr. Pereira runs a research laboratory that focuses on peripheral nerve injury and reconstruction. His research involves the use of novel tissue engineering technology, stem cells and bioactive molecules to improve nerve regeneration. Work is also conducted on the influence of nerves on the microenvironment of cancer cells. Dr. Pereira's team conducts several clinical research aimed at improving patient outcomes. He is actively involved in medical student and resident education and has ongoing research projects to enhance surgical education and training.

**Title** Associate Professor, Department of Surgery

**Specialty** Hand Surgery, Peripheral Nerve, Microsurgical Reconstruction, Burn Reconstruction

**Department** [Surgery](#)

**Division** Plastic Surgery

**Center/Program Affiliation** Trauma Program

**Address/Phone** UC Davis Medical Center - Cypress Building, 2221 Stockton Blvd. Suite E Sacramento, CA 95817  
**Phone:** 800-2-UCDAVIS

Cannery Building, Plastic Surgery, 3301 C St. Suite Suite 1100 Sacramento, CA 95816  
**Phone:** 916-734-7844



## Clifford T. Pereira, M.D., F.A.C.S., F.R.C.S. (Eng)

<b>Additional Phone</b>	Phone: Academic Office Phone (916) 734-7289 Fax: Academic Office Fax (916) 734-7104 Clinic Phone: 916-734-2680 Clinic Fax: 916-319-7048 Clinic Fax: 916-734-7417 Physician Referrals: 800-4-UCDAVIS (800-482-3284)
<b>Languages</b>	Hindi
<b>Education</b>	M.B.B.S., Baroda Medical College, Gujarat, India 1996 F.R.C.S.Ed., General Surgery, Royal College of Surgeons of Edinburg, Edinburg, United Kingdom 2000 F.R.C.S., General Surgery, Royal College of Surgeons of England, London, United Kingdom 2000
<b>Internships</b>	General Surgery, Texas Tech University Hospital, Lubbock TX 2005-2006
<b>Residency</b>	General Surgery, Harbor-UCLA Medical Center, Los Angeles CA 2006-2011
<b>Fellowships</b>	Plastic Surgery, Harbor-UCLA Medical Center, Los Angeles CA 2011-2014 Hand and Microsurgery, Harbor-UCLA Medical Center, Los Angeles CA 2014-2015
<b>Board Certifications</b>	American Board of Plastic Surgery, Hand and Microsurgery American Board of Plastic Surgery, Plastic and Reconstructive Surgery American Board of Surgery - General Surgery
<b>Professional Memberships</b>	American Association of Hand Surgeons American Society for Peripheral Nerve American Society of Plastic Surgeons American Society of Surgery of the Hand
<b>Honors and Awards</b>	UC Davis Committee on Research – Innovative Development Award, 2020 UC Davis CHPR/CHT/BHCOE Covid19 Pilot Fund Award, 2020 Voted 'Top Docs' in Sacramento Magazine, 2019 American Society for Surgery of the Hand International Travel Fellowship Award, 2019 American Society for Surgery of the Hand Scholarship Award, 2014
<b>Select Recent Publications</b>	Li A, Pereira C, Hill EE, Vukcevic O, Wang A. In Vitro, In Vivo and Ex Vivo Models for Peripheral Nerve Injury and Regeneration. Curr Neuropharmacol. 2022;20(2):344-361. doi:10.2174/1570159X19666210407155543. PMID:33827409.



## Clifford T. Pereira, M.D., F.A.C.S., F.R.C.S. (Eng)

Zeiderman MR, Pereira CT. Substance Addiction and the Hand Surgery Patient: A Comprehensive Review. J Hand Surg Am. 2021 Sep;46(9):790-799. doi:10.1016/j.jhsa.2021.05.016. Epub 2021 Jul 8. PMID:34247846.

Pereira CT, Paxton ZJ, Li AI. Involvement of PDGF-BB and IGF-1 in Activation of Human Schwann Cells by Platelet-Rich Plasma. Plast Reconstr Surg. 2020 Dec;146(6):825e-827e. doi:10.1097/PRS.00000000000007406. PMID:33234996.

Li A, Pereira C. The Effects of Lidocaine on Voltage-Gated Calcium Channels. J Hand Surg Am. 2020 Jul;45(7):e3. doi:10.1016/j.jhsa.2020.03.019. Epub 2020 Apr 21. PMID:32327336.

Zeiderman MR, Pereira CT. Reply to: 'Updated guidelines on complex regional pain syndrome in adults'. J Plast Reconstr Aesthet Surg. 2019 Feb;72(2):335-354. doi:10.1016/j.bjps.2018.11.022. Epub 2018 Dec 15. PMID:30579910.

Moshrefi S, Sheckter CC, Shepard K, Pereira C, Davis DJ, Karanas Y, Rochlin DH. Preventing Unnecessary Intubations: A 5-Year Regional Burn Center Experience Using Flexible Fiberoptic Laryngoscopy for Airway Evaluation in Patients With Suspected Inhalation or Airway Injury. J Burn Care Res. 2019 Apr 26;40(3):341-346. doi:10.1093/jbcr/irz016. PMID:31222272.

Lee C, Pereira CT, Rough J, Sugi M, Ghodasra J, Yamaguchi K, Zoller S, Benhaim P. Feasibility and Reliability of Open Reduction and Internal Fixation in Delayed Distal Radius Fracture Management. J Hand Surg Global Open. 2019 Jul;1(3):138-143. doi:10.1016/j.jhsg.2019.05.003.

Hinchcliff K, Pereira CT. Subungual Tumors: An Algorithmic Approach. J Hand Surg Am. 2019 Jul;44(7):588-598. doi:10.1016/j.jhsa.2018.12.015. Epub 2019 May 6. PMID:31072661.



Clifford T. Pereira, M.D., F.A.C.S., F.R.C.S. (Eng)

© 2024 UC Regents