



Clifford T. Pereira, M.D., F.A.C.S., F.R.C.S. (Eng)

Philosophy of Care

As a surgeon who has previously undergone surgery, I bring a unique perspective and a better understanding of patient's needs to my practice. I believe in combining cutting-edge medical knowledge with patient education and patient-centric multidisciplinary team approach, in order to develop an individualized treatment plan for each patient. My job as your surgeon is not solely to perform excellent surgery... it is to do the right operation, at the right time, for the right reasons to bring you through surgery, safely and effectively.

Clinical Interests

Dr. Clifford Pereira is a Board Certified, Fellowship-trained Hand and Upper Extremity Microvascular Reconstructive Surgeon. His clinical interests include brachial plexus and peripheral nerve surgery; wrist and hand trauma, rheumatoid hand deformities, tetraplegia hand function optimization, burn reconstruction and microvascular reconstructive free tissue transfers. Dr. Pereira offers latest cutting-edge techniques including minimally invasive arthroscopic and endoscopic surgeries, nerve transfers, tendon transfers and Targetted Muscle Reinnervation (TMR). TMR is an exciting new technique offered to patients with amputations in order to improve neuroma pain and phantom pain.

Research/Academic Interests

Dr. Pereira runs a research laboratory that focuses on peripheral nerve injury and reconstruction. His research involves the use of novel tissue engineering technology, stem cells and bioactive molecules to improve nerve regeneration. Work is also conducted on the influence of nerves on the microenvironment of cancer cells. Dr. Pereira's team conducts several clinical research aimed at improving patient outcomes. He is actively involved in medical student and resident education and has ongoing research projects to enhance surgical education and training.

Title Associate Professor, Department of Surgery

Specialty Hand Surgery, Peripheral Nerve, Microsurgical Reconstruction, [Plastic Surgery](#), Burn Reconstruction

Department [Surgery](#)

Division Plastic Surgery

Center/Program Affiliation [UC Davis Medical Group](#)

Trauma Program

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Languages Hindi

Education M.B.B.S., Baroda Medical College, Gujarat, India 1996
F.R.C.S., Surgery, Royal College of Surgeons of England, London, UK 2000

Internships General Surgery, Texas Tech University Hospital, Lubbock TX 2005-2006

Residency General Surgery, Harbor-UCLA Medical Center, Los Angeles CA 2006-2011

Fellowships Plastic Surgery, Harbor-UCLA Medical Center, Los Angeles CA 2011-2014
Hand and Microsurgery, Harbor-UCLA Medical Center, Los Angeles CA 2014-2015

Board Certifications American Board of Plastic Surgery
American Board of Surgery - General Surgery
American Board of Surgery - Surgery of the Hand

Professional Memberships American Plastic Surgery Society
American Society for Peripheral Nerve
American Society of Plastic Surgeons
American Society of Surgery of the Hand

Honors and Awards UC Davis Committee on Research Innovative Development Award, 2020
UC Davis CHPR/CHT/BHCOE Covid19 Pilot Fund Award, 2020
Voted Top Docs in Sacramento Magazine, 2019
American Society for Surgery of the Hand International Travel Fellowship Award, 2019
American Society for Surgery of the Hand Scholarship Award, 2014
American Society of Maxillofacial Surgeons-Resident Scholarship Award, 2012
PSEF Basic Science Investigator Award, 2009
American Cleft Palate Foundation Junior Investigator Grant Award, 2009
Shriners Surgical Research Fellowship Award (Ref #8509), 2004
James Laing Memorial Gold Medal for Best Article, British Burns Association, 2004



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Royal College of Surgeons of England Research Scholarship Award, 2001

Select Recent Publications

Li A, Pereira C, Hill E, Vukceвич O, Wang A. In-vitro, in- vivo and ex-vivo Platforms for Peripheral Nerve Modeling: Current and Future Directions. *Neuropharmacology*. (Accepted July 2020).

Zeiderman M, Pereira C. Recreational Drugs: What Every Hand Surgeon Should Know. *J Hand Surg – Invited Review*. 2020.

Pereira CT, Li AI, Paxton Z. Involvement of PDGF-BB and IGF-1 in Activation of Human Schwann Cells by Platelet-Rich Plasma. *Plast Reconstr Surg*. 2020 Sep 14. doi:10.1097/PRS.00000000000007406. Online ahead of print.

Li A, Pereira C. The Effects of Lidocaine and Voltage Gated Calcium Channels. *J Hand Surg*. 2020 Jul;45(7):e3. doi:10.1016/j.jhsa.2020.03.019. Epub 2020 Apr 21.

Zeiderman M, Pereira C. Reply to: Updated guidelines on complex regional pain syndrome in adults. *J Plast Reconstr Aesthet Surg*. 2019 Feb;72(2):335-354. doi:10.1016/j.bjps.2018.11.022. Epub 2018 Dec 15.

Moshrefi S, Sheckter CC, Shepard K, Pereira C, Davis DJ, Karanas Y, Rochlin DH. Preventing Unnecessary Intubations: A 5-Year Regional Burn Center Experience Using Flexible Fiberoptic Laryngoscopy for Airway Evaluation in Patients With Suspected Inhalation or Airway Injury. *J Burn Care Res*. 2019 Apr 26;40(3):341-346. doi:10.1093/jbcr/irz016.

Lee C, Pereira CT, Rough j, Sugi M, Ghodasra J, Yamaguchi K, Zoller S, Benhaim P. Feasibility and Reliability of Open Reduction and Internal Fixation in Delayed Distal Radius Fracture Management. *J Hand Surg Global Open*. 2019 Jul;1(3):138-143. doi:10.1016/j.jhsg.2019.05.003.



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Hinchcliff K, Pereira CT. Subungual Tumors: An Algorithmic Approach. *J Hand Surg Am.* 2019 Jul;44(7):588-598. doi:10.1016/j.jhsa.2018.12.015. Epub 2019 May 6.

Lee JC, Pereira CT, Ren X, Huang W, Bischoff D, Weisgerber DW, Yamaguchi DT, Harley BA, Miller TA. Optimizing Collagen Scaffolds for Bone Engineering: Effects of Cross-linking and Mineral Content on Structural Contraction and Osteogenesis. *J Craniofac Surg.* 2015 Sep;26(6):1992-6. doi:10.1097/SCS.0000000000001918.

Lee JC, Andrews BT, Abdollahi H, Lambi AG, Pereira CT, Bradley JP. Computed tomography image guidance for more accurate repair of anterior table frontal sinus fractures. *J Craniofac Surg.* 2015 Jan;26(1):e64-7. doi:10.1097/SCS.0000000000.

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